

## WALK ON WEDNESDAYS

As part of the Green schools programme, Bishop Shanahan and Bishop Galvin N.S. in association wth the Parents' Association are very excited to announce W.O.W. days (Walk on Wednesday).

## Launch date – Wednesday 24<sup>th</sup> February 2016

Why not show your support for a greener, healthier environment by walking to school each Wednesday. You will be fitter, healthier and wide awake for school.

We want to ensure all children walk safely to school, so we encourage them to wear their hi-vis vests.

Competitions will be held for the best walking class!

Get those walking shoes on. 🛀